



**AFAI E MAUA LOU ALO  
ILE MA'I SELA, O NISI NEI**

**MEA E TATAU ONA  
E SILAFIA  
E FA'AOSO AILE  
MA'I SELA.**

**Mogamoga • Manu Ninii Faalafuā (dust mites) •  
Pologā • Ulaula & Vape • Ole asu mai le  
mauga mū (Vog)**

**O nei mea uma e mafai ona mafua ai se  
osofa'iga ogaoga ole ma'i sela. Sā'ili auala  
e puipuia ai lou alo ile:**

**[ControlAsthma.hawaii.gov](https://ControlAsthma.hawaii.gov) 🔍**

